

# MORNING ANNOUNCEMENTS

TUESDAY, JANUARY 21ST



# CHOOSE LIFE NIAGARA

Choose Life Niagara will be holding their annual Dinner on Saturday, March 1 at Club Roma in St Catharines.

The guest speaker will be author and pro-life advocate Liana Gordon. Tickets for students are \$30.00.

For more information see the poster outside of the Chapel.

# BOYS HOCKEY

Good morning Blessed Trinity your BT boys hockey team travelled to Lakeshore yesterday to play the Gators. BT had a slow start but once they got the engine running things began to turn around. Julian Clarke fired a laser past the goalie to get the scoring started. Daniel DeAlmeida fooled the goalie with a nice shot from the point and Joey McLaren put in an empty net goal to seal the win! Daniel Chiarella as always was a solid in net. Great job BT and good luck on your exams.

# THErapy DOGS

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We welcome the "Therapy dogs" one more time today in the small gym during both lunches.

Drop in and say hello. They will help you take a nice deep breath before you start your exams.

# BELL LET'S TALK

Good morning, Blessed Trinity Staff and students! Did you know Mental health issues increased among youth before the pandemic and have worsened since then due to a combination of social disconnection, excessive screen time (6+ hours daily) and socio-economic challenges? Please join the Bell Let's talk Movement tomorrow, Wednesday, January 22, 2025 to bring empathy and awareness to mental health needs among our youth and to shatter the stigma related to mental health. Teachers, please check your emails for resources, tools and activities to keep this conversation going in your classrooms as we accompany one another on this co-journey toward mental health and wellness for all!

# TAKE A BREAK

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With exams starting tomorrow, it's time for you to take a break from studying.

Come to the lobby on your lunch to “take a break and have a kitkat”, provided by student council.

Good luck on your exams thunder!

# CAFETERIA

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Today on the menu....

Spaghetti with Bolognese Sauce  
OR  
Meatball Subs